

Patient leaflet: Adult ADHD referrals

Six month pause for new adult ADHD referrals from 3 July 2023

We are making the difficult decision to **pause referrals into our adult ADHD service** from the **3 July 2023** for 6 months.



6 months

This will affect **adults with a Merton, Richmond and Sutton GP**, who are seeking a referral to South West London and St George's ADHD service.



Current **waiting lists** for an ADHD assessment are **very long**, with more and more **people waiting over 12 months**.



This is because we **are seeing twice as many people** who need an ADHD assessment.



The pause will allow us to **assess those people who have been waiting longest** and work with partners to increase the number of assessments we can offer.



During the pause you may wish to **talk to your GP about alternatives to an NHS assessment**.



We are very sorry for the impact that this pause will have.