Please complete this form a minimum of 6 weeks before departure. If you are unable to do this we are unable to guarantee you an appointment (complex trips please allow 6-8 weeks). Please allow 2 weeks for the Practice to contact you to arrange a Travel Appointment after you have handed in the form.

Personal details								
Name: Da					Date of Birth:			
	nale [ ]							
Easiest contact telephone numbe	r:							
Email:			1					
Dates of Trip		1		e or overall leng				
Country to be visited		Exact Areas/Region			Length of stay			
1.								
2.								
3.								
4.								
Please tick as appropriate below		cribe your tri		I				
1. Type of Trip	Business	Pleasure			Other			
2. Holiday type	Package	Package		ised	Backpacking			
	Camping		Cruise Ship		Trekking			
3. Accommodation	Hotel		<b>Relatives/Family Home</b>		Other			
4. Travelling	Alone		With famil	ly/friend	In a group			
5. Staying in an area which is	Urban		Rural		Altitude			
6. Planned Activities	Safari		Adventure	2	Other			
Personal Medical History								
Do you have any recent or past m	edical histo	ry of note, e.g	g. Diabetes, H	eart or Lung Con	ditions ?			
List any current or repeat medications								
Do you have any allergies, drug of	r non-drug :	2						
	•••••							
Have you ever had a serious react	tion to a vac	cine ?						
Do you feel faint when having an	iniaction 2							
Do you reer faint when having an	injection ?							
Do you or any close family memb	orc have on	ilonsy 2						
Do you of any close failing memo	ers nave ep	nebsà i						
Do you have any history of menta	l illness inc	luding denres	sion or anviet	2 11				
	11 IIII CSS, IIIC	induing depres		.y :				
Have you recently undergone Rac	liotherapy	Chemotherap	v or Steroid ti	reatment ?				
	ioenerupy,	enemotierup	y or steroid ti	cutification .				
Women Only: Are you pregnant o	or planning r	pregnancy or l	breast-feeding	g ?				
	1- · · · · O P			<u>,</u>				

Children under 16 years: Have you taken out Trav	el Insurance, and if you have a medical co	ndition advised the insurer about th	nis ?
Vaccination History - If	ou have this information please provide	details below	
Tetanus	Polio	Diphtheria	
Typhoid	Hepatitis A	Hepatitis B	
Meningitis	Yellow Fever	Influenza	
Rabies	Jap B Enceph	Tick Borne	
Other		· · · · · ·	
Malaria Tablets			

For discussion at your appointment.

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed:

Date:

For Official Use Only								
Vaccines recommended for this trip								
	· · ·		Yes	No	Further Information			
Hepatitis A								
Hepatitis B								
Typhoid								
Cholera								
Diphtheria/Tetanus/Polio								
Meningitis ACWY								
Yellow Fever								
Rabies								
Japanese B Encephalitis								
Other								
Travel Advice and leaflets g	iven							
Food Water and Personal		Traveller's diarrh			ea	Hepatitis	Hepatitis B and HIV	
Hygiene								
Insect Bite prevention		Animal Bites				Accident	Accidents	
Insurance		Air Travel				Sun and	Sun and Heat protection	
Malaria prevention advice a	nd Malar	ia Che	mopro	phylax	is			
Chloroquine and Proguanil					Atovaquone plus Proguanil			
					(Malarone)			
Chloroquine					Mefloquine			
Doxycycline					Malaria advice	e leaflet		
					given			

Signed:

Position:

Date: